



Rocky Mountain Exchanger

Serving 19 Clubs in Nevada, Utah, and Colorado

Third Quarter, 2008–2009, January 2009

**Superior
Bulletin
Rating
2008**

Mission Statement

Exchange, America's Service Club, is a group of men and women working together to make our communities better places to live through programs of service in Americanism, Community Service, Youth Activities, and its national project, the Prevention of Child Abuse.

Rocky Mountain District Officers – 2008-2009

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rockymountainexchangeclubs.com



President's Message

As we start this new year, I would like to think we should have a feeling of renewed hope for the future. We could take everything this past year and think of a lot of negatives, but who needs that kind of energy floating around? Certainly not Exchangites!

I went through a “down” moment this year where I thought “How can they ask me to build two new clubs, we can’t even retain the current clubs we have with this economy”. Then I had the honor of visiting with the Sugarhouse-Cottonwood Club, and I came away with a whole New Attitude! That small group has been together since dirt, and as I listened to their memories and stories, I came away with the feeling that brought me into Exchange to begin with! It’s the events and conferences and programs and service projects that make those continued memories and tie us together and bond us together like a glue. That’s where we commit ourselves to continue being a part of Exchange, even when times are tough, or Especially, when times are tough.

My passion would be to share that with everyone, its just not everyone else’s passion. I think it is like a missionary trying to share a message that no one wants to hear. We have the *best* “feel good” Product in the whole United States. Doesn’t everyone want to be a part of this? Sure you do. For the small price of a minimal membership fee, you too can own this “Fantastic Feeling”. For some reason, people don’t usually buy that spiel...

But it is the “Passion” that has kept all of us going for the years we have all invested, and no one can ever begin to put a price on those relationships and experiences!

Keep those “Feel Good” fuzzies going out to the new members. And I think, being a member isn’t just attending a meeting. It’s about being a part of those events and moments that strengthen your clubs and its members.

I would suggest, as much as possible, getting your communities, neighbors and families involved in just one service project. Eagle Scouts are always looking for projects, youth groups are always looking, Boys & Girls Clubs need service projects. They also make great “Youth of the Month”. Our Sam’s Club has asked to be on our list so they can help out with projects, combine with your Rotary Clubs.

We had an Exchange Presidents breakfast this past month, and the best ideas came out of that meeting!

One idea was that we have a “Fundraiser” and have a basketball competition between our Mayors against our school’s all-star players!

Another was that we will be having Richard Paul Evans the author of the *Christmas Box* at a place like the Cottonwood High auditorium, where we would advertise for an “Evening Out With Exchange” and by special invitation, each club invite everyone ya’ll know to learn more about who we are and what we do, with the bonus of getting to know Mr. Evans and maybe have a book signing. Anyway, keep your ideas flowing into your District Directors or just di-

rectly to me. I love hearing them and sharing them with other clubs all over the U.S. Thanks for your ear! And let's have a great 2009!

Sheri Van Bibber
District President

President-Elect's Message

As President-Elect of the Rocky Mountain District I find myself soul-searching my abilities to lead this organization. The work of those who have served or are serving before me are a resource for my study of behavior and effort that can teach me to effectively lead this District. I truly appreciate the great examples of leadership I see in our Exchange organization. Each of you who serve has special capabilities and direct influence on the success of Exchange and its many contributions to our communities.

I enjoy working with our leaders and look forward to the upcoming year where I can enjoy working with each club in our district. I hope to form a team of leaders beginning at our mid-winter conference with each club president-elect so that our efforts starting next July can continue the tradition of excellence and accomplishment set by our current and past leaders. I hope all club president-elects will be in attendance at the conference in Henderson on January 23rd and 24th.

I feel a great "can do" spirit in all Exchange Club members I meet and know our district is filled with individuals who have abilities and experience we can tap to further the mission of Exchange. Please don't be shy in offering what you have to help our clubs grow and succeed. We can make a difference.

Mike Morrey, President-Elect
Rocky Mountain District

RVP Corner



Happy Holidays Exchanges!

As we enter the New Year, I wish each of you a very Happy New Year.

"Stand Up America" started January 1st thru March 31st 2009. This is the perfect time to start sharing Exchange with friends, family, and neighbors. Be specific, invite them to a meeting, a function, and remember we have

Membership

Club Nr	Name	Members
1216	Colorado Springs, CO—1948	13
1221	Greeley, CO—1980	26
2192	Breakfast Bountiful, UT—1972	23
2194	Ogden, UT—1936	75
2195	Breakfast Ogden, UT—1972	53
2196	Utah Valley, UT—1948	26
2197	St. George, UT—1974	31
2198	Salt Lake City, UT—1923	21
2199	Bonneville-SLC, UT—1968	16
2201	Sugarhouse-Cttnwd UT—1965	7
2202	Sandy, UT—1980	26
2635	Taylorsville, UT—1996	26
2664	Mesquite, NV—1997	33
2765	Murray, UT—2002	13
2773	Tooele, UT—2002	10
2785	West Jordan, UT—2003	9
2866	Falcon, CO—2006	30
2874	Herriman, UT—2007	13
2900	Midvale, UT—2008	12
Dist #21	Rocky Mountain District	463

plenty of literature and handouts' available. Let's make 2009 a great year of *growth* and *prosperity* for Exchange.

Don't forget our First Region 1 & 4 Mid-Winter Education Conference to be held in Henderson, Nevada, at Sunset Station Hotel & Casino, January 23-25, 2009. National President Floyd Culver will be the National Representative. I encourage each of you to consider attending this worthwhile event. Let's make this the best conference ever! I look forward to seeing all of you there.

Thank you for all you do for Exchange. I am proud to serve as your Regional Vice President.

Sid Mobley
Region 4 Vice President

Youth Recognition

Youth of the Year, ACE applications and interviews should be well underway. The theme for the Youth

of the year essay for 2009 is "America's Youth - Stepping Forward to Change the Beat of America."

I hope to have some handouts for the Mid-Winter attendees to take back to their clubs. I'll also have the same information available by e-mail that I plan to have sent out late January or early February in which I'll again outline the criteria and deadlines as I did last year. One thing National did change is the requirement for District Winners to be chosen from three Youth of the Month winners at the club level. It used to be six.

Mark Loosli
District Youth Recognition Chair

Clubs Exchange

Division 1 Ralph Flanagan

St. George Club (2197)
Mesquite Club (2664)

Division 2 Dil Strasser

Tooele Club (2773)
Tooele is meeting the 2nd and 4th Thursday each month. The club is doing the usual programs it has done each year. They have planned out the next 6 months, and continue to make a difference in the community. Thanks to the faithful members there.

West Jordan (2785)
The West Jordan Club is meeting weekly on Thursday and continues to be involved in the community and doing the program of Exchange each month. There is a small group of members who keep this club going. Thanks for there services.

Murray Club (2765)
Murray, what a good club. They just keep on doing programs and activities each month. They had a Coming Home evening and invited past members and new guests to check out Exchange and all the fun things they do. They did Bell Ringing again this year as they have every year. They continue to make a difference in Murray.

Division 3

Sandy Club (2202)
December was a great month for Sandy Exchangites to enjoy and share in the true spirit of giving. On Dec. 10th,



they held their annual Christmas Party at the Bicentennial Pavilion in Sandy with dinner catered by The Red Flame. All of the members brought toys that were then given to the Jordan District Intervention Team to help families have a better Christmas. On December 20th members rang the Salvation Army Bell at the Sandy



Albertson's store. Citizens were so generous; we had to get a paint stick to keep tamping down the money. It was a chance to meet people and enjoy the spirit of Christmas.
Utah Valley (2196)
Herriman Club (2874)

Division 4 Steven Kramer

Sugarhouse-Cottonwood Club (2201)



At the annual Sugarhouse-Cottonwood Club banquet at the Lion House, Secretary/Treasurer David Bunker presents the Book of Golden Deeds award to Patricia

Rowe, a volunteer at the Neighbors Helping Neighbors program. The program is associated with the University of Utah. Also present, Paulette Beeny, Administrative Assistant from the program. Ms. Beeny was pleasantly surprised to see member and Division 4 Director Steve Kramer. They graduated together from Skyline High School. The District was represented by President Sheri Van Bibber and Immediate Past President Mark Loosli.
Salt Lake Club(2198)

Division 5

G. Brian Bone

Bountiful Club (2192)
 Ogden Noon Club (2194)
 Ogden Breakfast Club (2195)

Division 6

Ripley Casdorph

Greeley Club (1221)
 Colorado Springs Club (1216)
 Falcon Club (2866)



In November the Falcon Club honored Aubrey Mazerall Youth of the Month. Aubrey ranks 9th in a class of 257 students and holds a 4.067

GPA. After receiving her Bachelors Degree, her career goal is to become an Elementary School Teacher wanting to help children get started on the right path and making a difference in their lives. After teaching for a while Aubrey intends to return to college to get her Masters degree. She is a member of the National Honor Society and the National Society of High School Scholars. In school, Aubrey participated in Softball, Band, Drama and community service through the LINK program and is active in the Girl Scouts. She has volunteered at The Dance Center of Colorado Springs, Town and Country Preschool, SHARE Colorado, and Helping Hands. Aubrey currently works at the Falcon School of Dance as a dance instructor teaching children ages 3 to 12. Aubrey was presented with a savings bond and a plaque honoring her as November's Youth of the Month.



In December we honored Isola Sotomayor-Seurer Youth of the Month. Isola ranks 23rd in a class of 257 students, and her personal goals are to receive a BS degree in

biology and a doctorate in veterinary medicine. Isola is a member of the National Honor Society and the Air Force

Junior ROTC. In school, she participates in Varsity tennis, the Colorado Springs Racquet Club, Falcon High School Jazz Band and Instrumental Solo Ensemble (Trombone). Community Clubs, Services and Activities include Colorado Springs Youth Symphony Association, AFJROTC Color Guard, Catholic Church Life Teen Youth Group, Colorado Ambassadors of Music, School Musical Performances, Salvation Army "Red Kettle" Campaign, D-49 Children's Christmas Party, Veterans' Day Parade, Church Grocery Card Sales, Church Blood Pressure checks, 2008 Senior Golf Tournament, and Falcon Festival Petting Zoo. Isola was presented with a savings bond and a plaque.

Dale Misner, Chairman of the Community Service Committee, recognized Mel Sharpe recently for making the First Annual Craft Fair such a success.



Exchange Club President, Jan Pizzi presented Mel with a special recognition plaque honoring her for service to the club and community. We also presented Jean Woolsey, with the Book of Golden Deeds award. In 2006, Jean and her husband purchased land for the purpose of opening

High Plains Helping Hands, Inc. Jean operates this 4,000 sq. foot storage facility and with her team of volunteers distributes from 5,000 to 6,000 pounds of food to more than 300 families each month. They also help with natural disaster recovery and orphanage support. Helping Hands Food Closet, as it is known now, purchases approximately \$2,000 of food each month and receives the remainder in donations. Jean's operation serves people for eight different zip codes in Southeastern Colorado. Her customers travel as much as 125 miles to receive help with food, toys, clothing, books, supplies, furniture, appliances, hygiene items, spiritual help, counseling and special holiday meals. Jean constantly strives to attract more donations and volunteers in order to serve more of those in need. She is a major contributor to the betterment of the community.

Division 7

Steve Bergstrom

Bonneville Club (2199)

Taylorville Club (2635)



We donated a basket for the silent auction at Legal Aid Society where one of our members, Huy Vu works as the Bridge the Gap Attorney, which means that his cases come from the Domestic Violence

program. It netted their fund raiser \$100.



The Book of Golden Deeds was awarded to Cynthia Bioteau, President of Salt Lake Community College that enrolls 60,000 students and whose main campus is in Taylorville, Utah. She has been president of the college for three years and is, herself, a Taylorville resident.



For the National Day of Service, we presented the Tri-Park Food Bank with a \$2,000.00 check from Coldwell Banker and delivered food items collected from club meetings. Afterward we sent a delegation to deliver the coats that were collected at Mountain America Credit Union to The Road Home.



We donated numerous blankets to Project Linus that was named after the adorable security blanket-toting character from the Peanuts© comic strip. Blanket makers help comfort children in need. Project Linus is a



100% volunteer non-profit organization with a two-fold mission. 1) to provide

love, a sense of security, warmth and comfort to children who are seriously ill, traumatized, or otherwise in need through the gifts of new, handmade blankets and afghans, lovingly created by volunteer "blanketeers." 2) to provide a rewarding and fun service opportunity for interested individuals and groups in local communities, for the benefit of children.



Diana Thai



Danny Hansen



Tera Nicolo



Jacob Van den Akker

Sub for Santa for the Road Home covered two tables two feet deep with clothes and toys. The Home places them in their Candy Cane Corner store for parents of their homeless families to shop for Christmas. Youth of the Month, Taylorville High School, Diana Thai, Danny Hansen. Youth of the Month, Kearns High School, Alexandria Brenkman, Daniel Rodriguez. Youth of the Month, Cyprus High School, Tera Nicolo and Jacob Van den Akker.

Midvale Club (2900)

The newest club in the district is Midvale. What a fun community and city it is! We are finding out which programs and activities fit Midvale. We helped out with the Veteran's Day Program, did services on The National Day of Service. We meet each Wednesday and are planning out the next six month at our Jan. 7th meeting. Like all the clubs in the district we are looking for a few good new members. If you have friends who live in a community that has a club, please invite them to visit that club with you.

District Convention

The St George Exchange Club invites you to the join them at the Hot Spot of Utah — June 4, 5 & 6th at the Abbey Inn for this year's District Convention.

30 rooms have been reserved at the special of \$85.00 (which includes breakfast) this rate will be good on room reservations made until May 1st – The Best Western Abby Inn recently won “Best in Class” recognition for their facilities and service. They may be reached at (888) 222-3946, (435) 652-1234 or www.abbeyinnhotels.com.

Be sure to view the “Everything from A to Zion” DVD presentation at the Winter Conference provided by Color Country Visitor and Convention Bureau who are working with us to make this a memorable event for all. We are recommending that the meeting schedule start at 1pm daily to allow time with family and/or golf or other activities as well as accommodating morning board meetings. We will post other planned activities as we get closer to the event.

Mid-Winter Agenda

FRIDAY, JANUARY 23, 2009

Cocktail Party 6-9 PM

Saturday, January 24, 2009

8:00 Welcome

Invocation

Pledge

Covenant/Service

8:10 **Words of Wisdom from Regional VP's**

Sid Mobley, Region 4

Ray Carlson, Region 1

8:30 **Overview of Districts**

Sierra Pacific District President: Richard Acosta

Southwest District President: Cheryl Coronado-Bruton

Rocky Mountain District President: Sheri Van-

Bibber

California/Hawaii/Nevada District President:

Zita Roehrig

9:30 **National Officers Running for Office**

10:00 BREAK

10:15 **“Bringing Up Exchange”** – Floyd Culver, National President

10:45 **Why and What About National & District**

Foundations: National Treasurer Ron Lashmett

& National Foundation VP Rick Gordon

11:30-12:30 LUNCH (Demonstration: How to Conduct a

Meeting)

1:00 **Roundtables**, 8 tables, 20 minutes per table

Table Moderators: (Some topics to be decided)

Sid Mobley –

Ray Carlson – Membership Recruit-

ment

Floyd Culver –

Rick Gordon – History of Exchange –

Back to Basics.

Mike Spitzer – Membership Retention

in a Depressed Economy

John McLaughlin –

Rob Davidson –

S. Kim Hodges –

4:00 Final announcements

Calendar

JANUARY-MARCH – STAND UP AMERICA

JANUARY 9 – Final deadline for Mid-Winter Conference registration.

JANUARY 23-25 – Region 1 & 4 Mid-Winter Conference, Sunset Station Hotel, Henderson, Nevada.

FEBRUARY – National Community Service Month

MARCH 27 – Exchange 98th Birthday

MARCH 29 – Deadline for District bulletin.

APRIL – Child Abuse Prevention Month/Volunteer Recognition month.

MAY – Freedom Shrine Month

JUNE 4-6 – District Convention, St. George, UT

JULY 15-18 – National Convention, Jacksonville, FL.

Welcome New Members

Greeley

Stacey Fuller

Elizabeth Hardy

Ogden

Mark C. Brixey

R. Kyle Bown

Roy Gruber

Luckey Heath

Ogden Breakfast

Kathleen Stokes

Norma Kier

Geoffrey B. Cox

Taylorsville

Kaye Lee Day

SLC

Brad VanWagener

Falcon

Mary D. Brown

Sandy

Lewis Ed Moyer

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Next issue deadline:
Mar. 29, 2009. Send reports,
articles, digital photos to
lderlore@xmission.com

Thank you to presenters
Door Prizes (each district provides one)
4:30 Adjournment



Stand Up America

Your company could have placed an ad here for all Exchangites to see. Circulation 480, Contact Richard Russell at lderlore@xmission.com for information.

Stand Up America offers a trial 90-day membership. This is a true club, district, and national partnership. The National Board has agreed to waive one quarter of dues to national. The Rocky Mountain District will also waive one quarter of dues for Stand Up America members. To participate, your club must also waive dues in a similar fashion; however, this does not have to include meal charges. The new member initiation fee of \$15 will be billed to clubs 90 days after the Stand Up America member has joined. Please note that the pro-rated dues will be charged from that date.

The Exchange Club Covenant of Service

Accepting the divine privilege of single and collective responsibility as life's noblest gift, I covenant with my fellow Exchangites:

- To consecrate my best energies to the uplifting of Social, Religious, Political and Business ideals;
- To discharge the debt I owe to those of high and low estate who have served and sacrificed that the heritage of American citizenship might be mine;
- To honor and respect law, to serve my fellow men, and to uphold the ideals and institutions of my Country;
- To implant the life-giving, society-building spirit of Service and Comradeship in my social and business relationships;
- To serve in Unity with those seeking better conditions, better understandings, and greater opportunities for all.